

MYsocial Events List - November/December

Hello MYsocial Members, here is the list of events for November/December, please give us a call on 0203 1435 695 or text 07432 729 754 with your name and what events you would like to book for, we also take bookings in person if you pop into Vida's on a Tuesday. All of our events have a host to welcome you and introduce you to other members, please let us know if you are attending an event for the first time, we know that for some, it can be a little nerve wracking, so let us help with that. Hope to see you soon!

Love, The MYsocial team x

Events that take place weekly

Mondays:

Yoga with Terry

10am – 11.30am

Vida's, 2b Saltoun Road, Brixton, SW2 1EP

£6 – All Levels

Improve your health with gentle exercise.

Good Companions Ballroom and Sequence

10am

Brixton Unitarian Church Hall, Effra

Road, Brixton, SW2 1BZ

£3 – All levels.

Tai Chi at The Shed

12.30pm – 1.30pm

FREE – All levels

Pop Brixton, 49 Brixton Station Rd,

Brixton, SW9 8PQ

Posture & balance, circulation, flexibility, core strength.

Get active 40+ - Aerobics

2.30pm – 3.30pm

Black Prince Trust, 5 Beaufoy walk,

SE11 6AA

FREE – All levels

Aerobics tailored to your fitness level, aimed at 40+ but all ages welcome.

Tuesdays:

Yoga at the Black Prince Trust

9am – 10am

Black Prince Trust, 5 Beaufoy walk,

SE11 6AA

FREE – All levels

Improve your health, wellbeing and flexibility.

Members' Lounge Cafe

10am-3pm

Vida's, 2b Saltoun Road, Brixton,

SW2 1EP

Café serving hot food, drinks and snacks

Computer Classes - for beginners

10am – 12pm Free

Vida's, 2b Saltoun Road, Brixton,
SW2 1EP

Event Sign Up Sessions at Vida's

11am – 12pm FREE

Vida's, 2b Saltoun Road, Brixton, SW2 1EP
Get help signing up to MYsocial events

Crafty Tuesdays

1pm - 3pm

Brixton Library, Windrush Square,
SW2 1JQ Free - All Levels

Free arts and crafts (all materials provided!) along with refreshments and a good chat.

Wednesdays:

Computer Classes

10am – 12pm

Vida's, 2b Saltoun Road, Brixton, SW2 1EP
FREE – All levels
Learn to use your technology, specific lessons each week.

Members' Lounge Cafe

10am-3pm

Vida's, 2b Saltoun Road, Brixton,
SW2 1EP

Brixton Umbrella Circle 11am

Last Wednesday of the month at
Vida's, all other Wednesdays at the
Brixton Pound Cafe, 77 Atlantic Rd,
Brixton, London SW9 8PU
Free at Vida's, bring money for a
cuppa to the Pound Cafe.
LGBTQ+ 50+ group

Card Making Group

2pm – 4pm

Vida's, 2b Saltoun Road, Brixton,
SW2 1EP
£2 – All levels

Thursdays:

IT Class at Pop

10am – 11am

Pop Brixton, 49 Brixton Station Rd,
Brixton, SW9 8PQ
FREE – All levels
Learn to use your technology

Zumba with Dominique

11.30am – 12.30pm

Vida's, 2b Saltoun Road, Brixton,
SW2 1EP £5 – Active
*Get your heart rate up with
dance-based exercise.*

Get active 40+ - Dance and Movement

12.30pm – 1.30pm

Black Prince Trust, 5 Beaufoy walk, SE11 6AA

FREE - Active

Aerobics tailored to your fitness level, aimed at 40+ but all ages welcome.

Yak and Yarn

2pm – 4pm

Hetherington Group Practice, 18 Hetherington Road, Brixton, SW4 7NU. FREE – All levels

Knitting, sewing and chatting.

Fridays:

Members' Lounge Cafe

10am-3pm

Vida's, 2b Saltoun Road, Brixton, SW2 1EP

Seated Exercise

10.30am

Vida's, 2b Saltoun Road, Brixton, SW2 1EP

FREE - Gentle

Get active 40+ - Circuit Training

2.30pm – 3.30pm

Black Prince Trust, 5 Beaufoy walk, SE11 6AA

FREE - Active

Circuit training tailored to your fitness level, aimed at 40+ but all ages welcome.

Chair Yoga

3pm – 4pm

Black Prince Trust, 5 Beaufoy walk, SE11 6AA

FREE - Gentle

Improve your health, wellbeing and flexibility with seated yoga.

Friday Film Club

1.30pm

Vida's, 2b Saltoun Road, Brixton, SW2 1EP FREE

Other events: booking essential!

Creative Writing Group

Thursday 1st November, 6pm

Free. At Vida's.

Published author Raymond Little discusses creative writing techniques for all ability levels.

Friday Film Club - Top Hat

Friday 2nd November, FREE

Vida's.

Fred and Ginger doing their magic!

Brixton Umbrella Circle

Sat 3rd November, 5.30pm FREE

Vida's.

LGBTQ+ group, Various topics and workshops each month.

Skill share - Flower Arranging

*Tuesday 6th November, Vida's,
1.30pm. £2.*

Member Valerie shares with you her flower arranging skills.

Members Meal - Kata Kata

*Weds 7th November, 7.15pm £1
booking fee, Members pay for own
meal. 50% off food. Kata Kata, 132A
Brixton Hill, Brixton, London SW2
1RS*

Delicious cheesy loveliness in a pancake!

Friday Film Club- Mildred Pierce

Friday 9th November, 1.30pm

Free, at Vida's

Classic 40's melodrama with Joan Crawford.

Skill share - Choir!

*Tuesday 6th November, Vida's,
1.30pm. Free.*

Members Merle and Marjorie invite you to join them for a choral singalong.

Creative Writing Group

*Thursday 15th November, 6pm
Free. At Vida's.*

Published author Raymond Little discusses creative writing techniques for all ability levels.

Friday Film Club- Now Voyager!

Friday 16th November, 1.30pm

Free, at Vida's

Classic 40's melodrama with Bette Davis.

National Portrait Gallery

Saturday 17th November, 2pm.

*St. Martin's Place, London WC2H
0HE £1 booking fee.*

Sunday Lunch at Aquum

Sunday 18th November, 1pm.

68-70 Clapham High St, SW4 7UL.
Gorgeous Greek food with 50% off the food bill.

Sewing revival at Vida's

Tuesday 20th November, 1.30pm

FREE

Sarah from 'Make do and Mend' helps you improve your sewing skills, suitable for all levels.

St Bride's Church Tour.

Thursday 22nd November, 11.30am

*Meet at Herne Hill Station a 10.45 if
you'd like to travel together. £6
payable on the day.*

A tour of this beautiful, historic church in the city.

Friday Film Club- Kiss them for me

Friday 23rd November, 1.30pm

Free, at Vida's
Cary Grant and Jayne Mansfield star
in this 50's comedy.

Juke Box at Toulouse Lautrec.

*Sunday 25th November, 6.30pm.
140 Newington Butts, Kennington,
SE11 4RN Members pay for their
own meal and drinks.*
Hear a live band play your requests!

First Aid Workshop at Vida's

*Tuesday 27th November, 1.30pm
FREE*
St John's Ambulance help you to
brush up on your first aid skills.

Wine tasting at POP

*Thursday 29th November, 3pm.
49 Brixton Station Road, SW9 8PQ
FREE*
*Join the award winning New Zealand
Wine Cellar as they share their
amazing wines with our members.*

Creative Writing Group

Thursday 29th November, 6pm
Free. At Vida's.
Published author Raymond Little
discusses creative writing techniques
for all ability levels.

**Friday Film Club- Mamma Mia:Here
we go again!**

Friday 30th November, 1.30pm
Free, at Vida's

Brixton Umbrella Circle

Sat December 2nd, 5.30pm FREE
Vida's.
LQBTQ+ group, Various topics and
workshops each month.

Sunday Soul at the Jazz Cafe

*Sunday 2nd December, 5pm
Parkway, Camden. £8.*
The fantastic Atlantic Soul Orchestra
live!

Skill share - Christmas cards.

*Tuesday 4th December, Vida's,
1.30pm. £2.*
Member Valerie shares with you her
card making skills.

**Handel's Messiah at St Paul's
Cathedral**

*Thursday December 6th, 6pm.
FREE.*
Choir and Orchestra in magnificent
surroundings.

Friday Film Club- White Christmas

Friday 7th December, 1.30pm
FREE, at Vida's.
Classic Christmas film.

Dulwich Picture Gallery - Ribera, the Art of Violence.

Sunday 8th December, 1pm. £1 booking fee.

*Gallery Road, London, SE21 7AD
Tickets usually £15.50!*

Karaoke at Winter Wonderland.

Monday 10th December, 3pm.

Hyde Park, £6 Members.

Join us for a walk around Winter Wonderland and sing some festive tunes in our own Karaoke hut!

Skill share - Christmas Flowers

Tuesday 11th December, Vida's, 1.30pm. £2.

Member Merle shares with you her festive flower arranging skills.

Friday Film Club-ELF

Friday 14th December, 1.30pm

Free, at Vida's

Festive Film Frolics!

Streatham Leisure Centre- Over 55's Christmas Party

Friday 14th December, 7pm-Midnight.

The Hideaway - Streatham. £25.

Includes a Christmas dinner and tunes from our fave DJ, Shadow Sister.

London Bus Tour - See the lights!

Sunday December 16th, 3.30pm.

Meet on Westminster Bridge. £12 Members.

Join us for a bus tour to see the amazing lights of London.

Sewing revival at Vida's

*Tuesday 18th December, 1.30pm
FREE*

Sarah from 'Make do and Mend' helps you improve your sewing skills, suitable for all levels.

Members Christmas Party

Thursday 20th December, 4-8pm.

The Norbury Pub, 1300 London Road, SW16 4DG. £10.

DJ Shadow Sister playing your favourite party tunes, food included, fully accessible.

Friday Film Club- Christmas in Connecticut.

Friday 21st December, 1.30pm

Free, at Vida's

Festive Film Frolics!

Carols at the Royal Albert Hall

Sunday 23rd December, 11am, £5.

Join the fantastic Royal Choral Society, National Youth Choir of Great Britain, Royal Philharmonic Orchestra and the fanfare team of Her Majesty's Coldstream Guards in a scintillating show of traditional carols, modern arrangements, and festive favourites.

Christmas Eve Cinema - Mary Poppins returns.

Venue and price to be confirmed nearer the time, members pay for their own ticket.

Twixmas Southbank Brunch

Thursday December 27th, 11am.
Giraffe, Riverside Level 1, Royal Festival Hall, SE1 8XX
Enjoy a natter and brunch by the river and a stroll along the Southbank. Members pay for their own food and drinks, Menu starts from £5.

Wine tasting at POP

Thursday 27th December, 3pm.
49 Brixton Station Road, SW9 8PQ
FREE
Join the award winning New Zealand Wine Cellar as they share their amazing wines with our members.

Winter's a drag!

Saturday December 29th, 12pm, £1 booking fee. Royal Festival Hall - Clore Ballroom, Belvedere Road. London SE1 8XX bring money for refreshments.
Top up your seasonal cheer at this day-long event with London's best drag kings and queens.

New Year's Eve Pub Lunch

Monday 31st December, 12pm.
The Holland Tringham,
107-109 Streatham High Rd,
Streatham, Members pay for their own food and drink. £1 booking fee.

Cheap and cheerful Wetherspoons, let's raise a glass to 2019!

Acoustic session at the Blues Bar

Saturday January 5th, 3pm, 20 Kingly Street, W1B 5PZ. £1 booking fee, Members pay for their own drinks. Enjoy a Saturday afternoon at this Soho Bar with amazing Blues musicians.

Dulwich Picture Gallery - The Art of Work

Sunday January 6th, 1pm. £1 booking fee.
Gallery Road, London, SE21 7AD
Tickets usually £8.00!

Anything you'd like to see on our events calendar? We are always open to suggestions, give us a call and let us know. 0203 1435 695.

Whilst every effort has been made to make sure this information is correct, events are subject to change. Booking is ESSENTIAL. Some events have a small booking fee. To see an up to date list of all events please visit www.mysocial.london or call 0203 1435 695. For access information or a larger print list please see the website or call us.

